

MY mode choice



Woodland View @ Hygge Park

Travel Plan Welcome Pack

Your travel options. Your sustainable community.





CONGRATULATIONS ON MOVING INTO YOUR NEW HOME!

// Welcome to your new home. We hope that you will settle in quickly and soon feel at home in your new surroundings.

Your new home is part of a new sustainable community.

We have worked hard to design your local area in a way that encourages the creation of a strong sense of community and that will allow you to make your own contribution to reducing climate change (and saving money) by making use of the excellent non-car travel options that exist on your doorstep.

We want you to know about your travel options and the various benefits that changing your daily travel choices, even just for one day a week, can have on your local environment and community. We have therefore prepared this document to introduce you to the various options available, and to show just how easy it is to make a contribution to your sustainable community. To help you, we have made available a dedicated Travel Co-ordinator who can assist with any queries you may have. //

hello@mymodechoice.com



Contents

1. Welcome
2. Walking
3. Cycling
4. Bus Services
5. Rail Services
6. Car Sharing



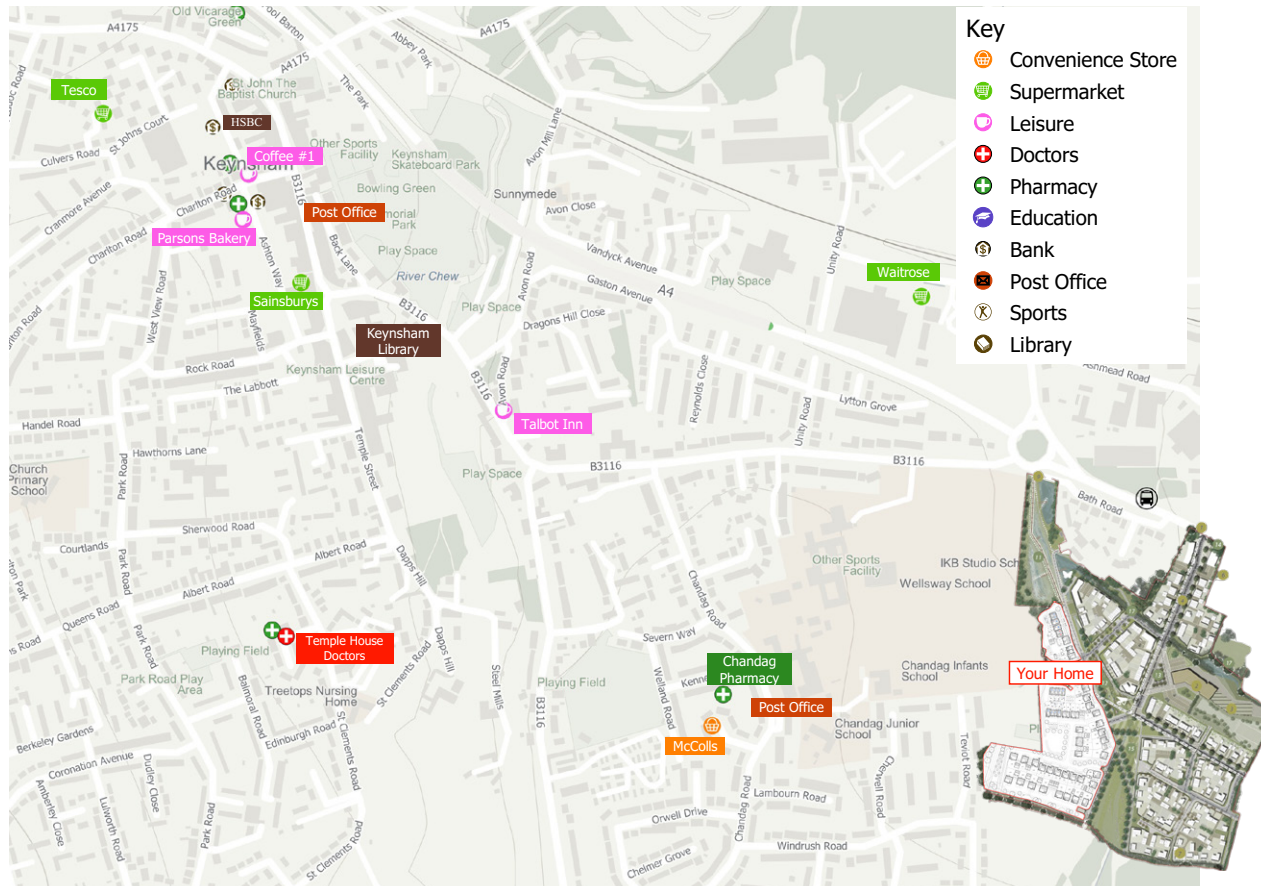
1. Welcome

Welcome to your new home at Woodland View @ Hygge Park. We do hope that you are able to settle in quickly and that you are able to familiarise yourself with you new surroundings.

Your new home is part of a sustainable community and is located just over a mile east of the centre of Keynsham, and a mile northwest of the village of Saltford. You are within walking distance to the range of amenities, schools, and leisure facilities located therein.

The Waitrose supermarket and Chandag Post Office are also within walking distance from your new home.

The nearest bus stops are located within 4-minute walk of your new home, on Bath Road to the north. From here you can access bus services that can get you to Bristol and Bath, as well as Keynsham Station.



We want to help you become familiar with the various opportunities you have available to you to leave the car at home, save money, improve your health and support your local community, so please familiarise yourself with this document.

Your Welcome Pack can also be accessed at any time via the following link:-

bit.ly/BDW_Woodland_View



2. Walking

One of the easiest and cheapest ways to travel is to walk, particularly if your destination is within 2-kilometres of your new home. Walking is also a versatile mode of travel - there's no waiting around, no congestion and it's free!

Walking has other benefits too. It not only makes you feel good but provides genuine health benefits: for adults, just 30 minutes of walking, five times a week, dramatically cuts the risk of developing heart disease, diabetes and obesity.

The need to walk more is promoted by the NHS via their 10,000 steps a day challenge. The aim is to improve the nation's health and to change our increasingly sedentary lifestyles. The NHS say:

research shows that walking 10,000 steps a day (8 kilometers) will significantly improve your health. Putting one foot in front of the other can build stamina, burn excess calories and give you a healthier heart.

Walking more, whether it is for work or leisure, is an easy way of being more active without trying too hard and is a great way to spend more time with your family.

Setting yourself a target of walking 10,000 steps a day can be a fun way of increasing the amount of physical activity you do.

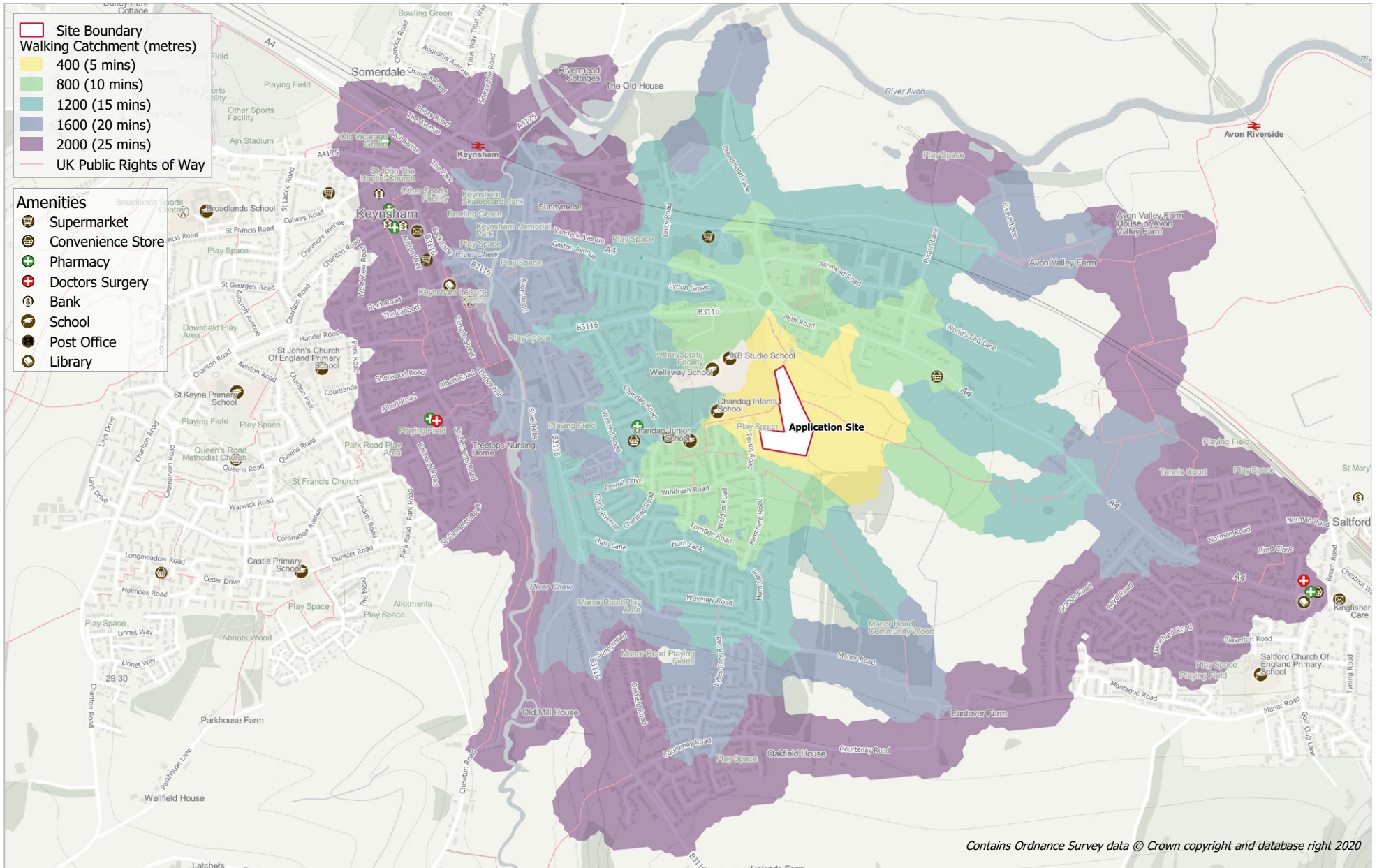
Help to Plan Your Journey

There are a number of online journey planners and smartphone apps available to help you plan your walking trip. Google Maps is a particularly useful resource, freely available on all platforms including iPhone, Android and Windows. These mapping tools will provide you with a route map between any two points, providing detailed turn-by-turn directions tailored for pedestrian journeys.



There are also a number of free smartphone apps that will help you to monitor your walk and calorie consumption through the use of GPS tracking. Why not try the MapMyWalk app or the NHS Active 10 App to see how far you walk each month, or even challenge other members of your family or community by setting up a group.

Further to this there are a number of activity trackers available on the market, allowing you keep track of your activity, calories and even sleep patterns.



2. Walking

What Facilities are Within Walking Distance?

Walking to the centre of Keynsham will take around 20 to 25 minutes at an average pace and there are a number of good value local amenities there, including a Co-Op Supermarket, Lloyds pharmacy a number of high street banks.

Wellsway School and Chandag Infant School can be reached on foot via Chandag Road. Once the Hygge Park development is completed you will be in close proximity to the new primary school located within the development.

If you don't fancy walking all the way into Keynsham, Chandag Road offers a selection of useful facilities within a 15-minute walk of your new home. These include Severn Way Surgery, a Post Office, pharmacy, a hairdresser and a convenience store.

To help you to familiarise yourself with the local services and facilities within an easy walk of your home, we have provided you with a local area walking map on the adjacent page.

Some useful numbers and address are provided opposite.

Useful Contacts

Chandag Infant School

Chandag Road, Keynsham, BS31 1PQ | 0117 986 4129

Wellsway School

Chandag Road | BS31 1PH

Chandag Road Surgery and Pharmacy

47 Chandag Road, Keynsham BS31 1PW | 0117 986 4121

Chandag Road Post Office

39 Chandag Road, Keynsham | 0345 722 3344

Waitrose

Broadmead Lane, Keynsham, BS31 1ST | 0117 986 6633



3. Cycling

Cycling is fast, convenient, healthy and cost-effective, and is a realistic way to travel from your new home, especially if your destination lies within 5-kilometres. Of course, cycling can still be a viable option for longer journeys, particularly for experienced cyclists who may wish to incorporate their cycle journey as part of their daily fitness regime.

How to Plan Your Journey

There are a number of online journey planners and smartphone apps available to help you plan and evaluate your journey by bike. Googlemaps is a particularly helpful application, freely available on all platforms including iPhone, Android and Windows. These tools will provide you with a route map between any two points and provide you with turn-by-turn directions, tailored for cycle journeys.

Other free smartphone apps allow you to keep track of your cycle journeys and help you to stay motivated. Apps such as Strava, Endomondo and MapMyRide can track your journeys by GPS, and provide you with useful stats and goals.



Sustainable Travel Events

We are working in collaboration with Hygge Park to offer annual sustainable travel events. The events will include training and offers to encourage you to cycle more, such as cycle training and bike maintenance workshops.

To keep up to date and for more information please contact the travel plan coordinator:

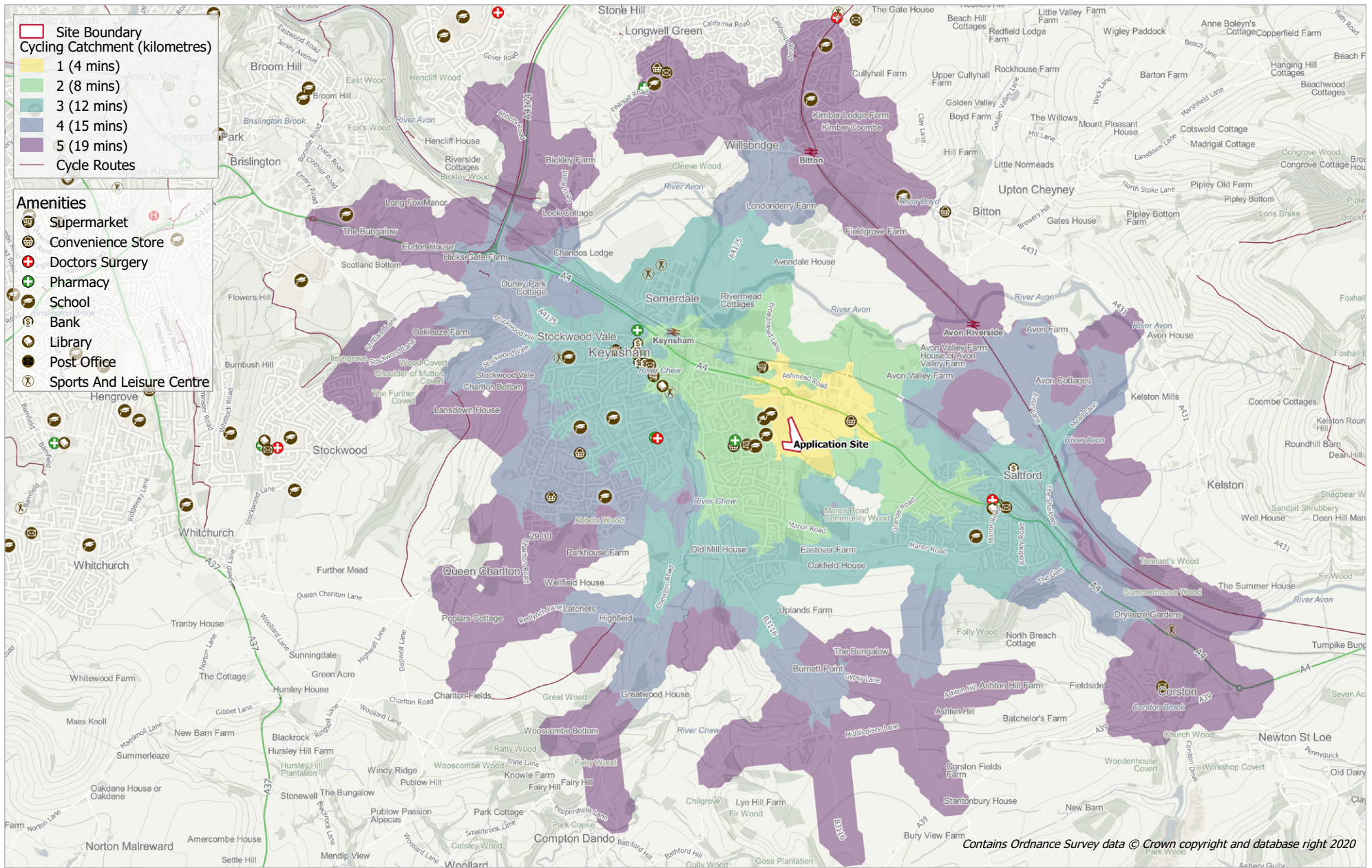
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Find out about the Cycle to Work Scheme

Why not ask your employer if they are part of the Government's Cycle-to-Work initiative, which would allow you to make savings of up to 40% off a brand-new bike and safety accessories costing up to £1,000.

Find out more information about the scheme via:

bit.ly/cycle2work-initiative



3. Cycling

Cycling from your new home gives you the potential to access jobs, shops and leisure activities in a sustainably conscious way. The roads in Keynsham are generally quite quiet and suitable for cycling.

Within 5-kilometres (3.1-miles) of your new home (roughly 16-minutes at an average pace), you could get to all parts of Keynsham and the surrounding villages of Saltford, Bitton and Corston.

If you're willing to travel a little further, you could get to Bristol in approximately 35 minutes (6.2 miles) or Bath in approximately 40 minutes (6.7 miles)

To help you, we have shown the 5-kilometre cycle catchment on the adjacent page.

Useful Contacts

73Degrees Bicycle Shop

22 Temple Street, Keynsham, BS31 1EH | 0117 986 6885

Cycle Republic

4 Union Street, Bristol BS1 2DL | 0117 925 3371

Trek Bicycle Bath

Unit 2 The Grain Store, Spring Wharf, Roseberry Road, Bath BA2 3GS | 01225 694333

Webbs Cycle Shop

3 The Park, Willsbridge, Bristol, BS30 6EE | 0117 932 5763

www.sustrans.org.uk



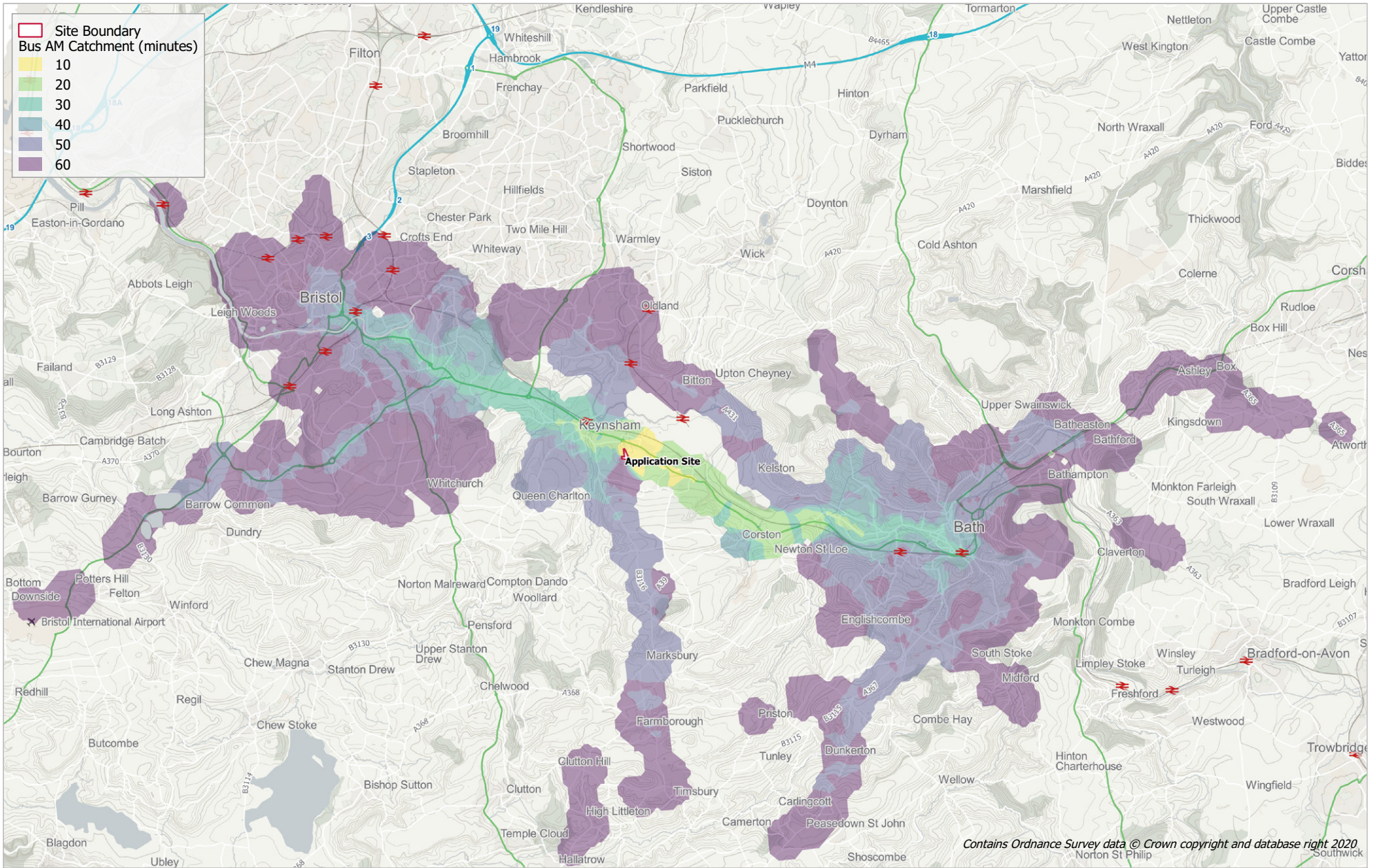
4. Bus Services

You can access the bus service through Keynsham, within a short walk of your new home, on Bath Road. To help, we have highlighted the locations of the bus stops on the adjacent page.

As a guide we have provided a summary below of the available bus services and their typical frequencies.

From here, bus routes provide links between Bristol and Bath, and the employment, retail and leisure opportunities located there.

Service	Route	Frequency
18	Bath - Keynsham - Kingswood Kingswood- Keynsham - Bath	Every 60 minutes Monday to Friday. No services on Saturday and Sunday
39/X39	Bath - Keynsham - Bristol Bristol - Keynsham - Bath	Every 15 minutes Monday to Sunday
A4	Bath - Keynsham - Bristol Airport Bristol Airport - Keynsham - Bath	Every 60 minutes Monday to Sunday
664	Keynsham - Saltford - Keynsham	3 services a day Monday – Saturday. No service on Sundays



4. Bus Services

Give it a Go!

As part of our commitment to creating a sustainable community we want you to see just how easy and convenient bus travel can be, so we are providing a free month taster ticket to each household if you express an interest in bus travel during Personalised Travel Planning.

All residents are offered personalised travel planning in order to help you think about your sustainable travel options from your new home.

If you are interested in personalised travel planning or for more information, please contact the Travel Plan Coordinator:
hello@mymodechoice.com

First Buses

www.firstgroup.com

Bath Bus Company

www.bathbuscompany.com

For more information on Green Travel Vouchers, email us your name, address and move-in date to the following address:

hello@mymodechoice.com





5. Rail Services

Keynsham Railway Station is accessible within walking distance of your home (Approximately 1.5 miles away).

Alternatively you can take the 19A bus from the Bath Road bus stop and reach the station in under 10 minutes.

From here you can jump on to high frequency rail services between Weymouth and Gloucester, along with other local, regional and national destinations. Both Bristol Temple Meads and Bath Spa Station can be reached with just over 10 minutes via train.

The station has storage for 12 bicycles, which is covered by CCTV coverage. There are also 49 car pay and display car parking spaces at the station.

Keynsham Railway Station

Facilities



Ticket Office (limited hours)



Car Park



Bus Services



Cycle Storage Availability



Step Free Access

Useful Contacts

National Rail Enquiries

www.nationalrail.co.uk

Great Western Railway

www.gwr.com



6. Car Sharing

Car sharing is when two or more people travel together in the same car for all or part of their journey and it provides users a wide range of benefits. The main advantages are as follows:



Saving money on fuel, parking and wear & tear



Helping to reduce congestion



Helping to reduce your environmental impact



Sharing the stress of driving

You can register for free with Somerset Liftshare to be paired with people that have compatible journey requirements.

The registration process is quick and easy, and you can select whether you want to travel with people of the same gender if that makes you feel safer. Only those people with matching criteria will be shown.

Access the database here:

bit.ly/liftshare

If you are driving, there are 7 useful eco-driving tips that can really make a difference:



Service your car regularly to maintain engine efficiency.



Check your tyre pressures regularly (and before long journeys) as under inflated tyres increase rolling resistance and use more fuel.



Don't carry any unnecessary baggage as extra weight means extra fuel.



Combine your trips. Fuel efficiency is poorest when the engine is cold so combine your errands into one trip.



Drive smoothly, accelerate gently and look ahead to avoid unnecessary braking.



Cut down on the air-con, which increases fuel consumption at low speeds.



Stick to the speed limits. The faster you go the greater the fuel consumption (cruising at 80mph can use up to 25% more fuel than travelling at 70mph).

For more advice on eco-driving visit smartertravelchoices.co.uk

Your travel options. Your sustainable community.

For further information and advice regarding travel opportunities from your new home, please contact: hello@mymodechoice.com

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