

MY mode choice



Gatcombe Orchard, Wroughton

Employment Travel Plan Welcome Pack

Your travel options. Your sustainable community.



CONGRATULATIONS ON MOVING INTO YOUR NEW COMMUNITY!



Welcome to your new place of employment. We hope that you will settle in quickly and soon feel at home in your new surroundings.

Your new workplace is part of a new sustainable community.

We have worked hard to design your local area in a way that encourages the creation of a strong sense of community and that will allow you to make your own contribution to reducing climate change (and saving money) by making use of the excellent non-car travel options that exist at your workplace.

We want you to know about your travel options and the various benefits that changing your daily travel choices, even just for one day a week, can have on your local environment and community. We have therefore prepared this document to introduce you to the various options available, and to show just how easy it is to make a contribution to your sustainable community.

To help you, we have made available a dedicated Travel Co-ordinator who can assist with any queries you may have.



hello@mymodechoice.com

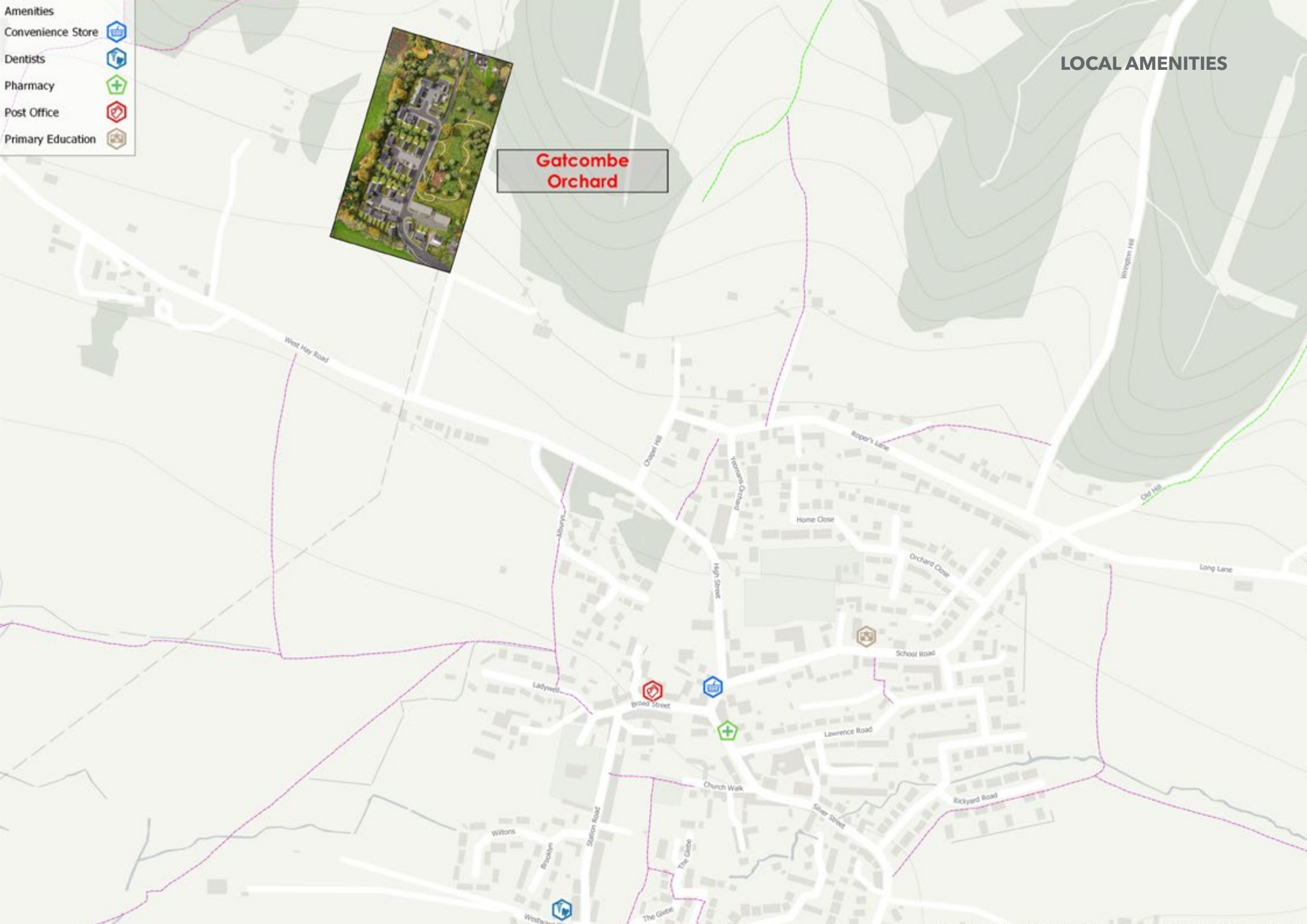




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2. Walking
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6. Car Sharing





LOCAL AMENITIES

Gatcombe Orchard

- Amenities
- Convenience Store
- Dentists
- Pharmacy
- Post Office
- Primary Education

1. Welcome



Welcome to your new place of work, at Gatcombe Orchard, Wroughton. We do hope that you are able to settle in quickly and that you are able to familiarise yourself with you new surroundings.

Your new workplace is part of a sustainable community and is located just over a mile from the centre of Wroughton. You are within walking distance of the amenities and school within the village, and a wonderful array of rural footpaths covering the surrounding area.

We note that the Wroughton shop and Post office are within walking distance of your new place of employment

The nearest bus stops are located within 11-minute walk of your new workplace, on Broad Street to the South. From here you can access bus services that can get you to Weston-super-Mare, as well as Sandford.

We want to help you become familiar with the various opportunities you have available to you to leave the car at home, save money, improve your health and support your local community, so please familiarise yourself with this document.

Your Welcome Pack can also be accessed at any time via the following link:-

bit.ly/Gatcombe_Orchard_Emp





2. Walking



One of the easiest and cheapest ways to travel is to walk, particularly if your destination is within 2-kilometres of Gatcombe Orchard. Walking is also a versatile mode of travel - there's no waiting around, no congestion and it's free!

Walking has other benefits too. It not only makes you feel good but provides genuine health benefits: for adults, just 30 minutes of walking, five times a week, dramatically cuts the risk of developing heart disease, diabetes and obesity.

The need to walk more is promoted by the NHS via their 10,000 steps a day challenge. The aim is to improve the nation's health and to change our increasingly sedentary lifestyles. The NHS say:

// research shows that walking 10,000 steps a day (8 kilometers) will significantly improve your health. Putting one foot in front of the other can build stamina, burn excess calories and give you a healthier heart. //

Walking more, whether it is for work or leisure, is an easy way of being more active without trying too hard and is a great way to spend more time with your family.

Setting yourself a target of walking 10,000 steps a day can be a fun way of increasing the amount of physical activity you do.

Help to Plan Your Journey

There are a number of online journey planners and smartphone apps available to help you plan your walking trip. Googlemaps is a particularly useful resource, freely available on all platforms including iPhone, Android and Windows. These mapping tools will provide you with a route map between any two points, providing detailed turn-by-turn directions tailored for pedestrian journeys.



There are also a number of free smartphone apps that will help you to monitor your walk and calorie consumption through the use of GPS tracking. Why not try the MapMyWalk app or the NHS Active 10 App to see how far you walk each month, or even challenge other members of your family or community by setting up a group.

Further to this there are a number of activity trackers available on the market, allowing you keep track of your activity, calories and even sleep patterns.

2. Walking

What Facilities are Within Walking Distance?

Walking to the centre of Wrington will take around 11 to 13 minutes at an average pace and there are good value local amenities there including a Local Shop, Pharmacy and Cafe.

Wrington C of E Primary School can be reached on foot via High Street.

To help you to familiarise yourself with the local services and facilities within an easy walk of Gatcombe Orchard, we have provided you with a local area walking map on the adjacent page.

Some useful numbers and address are provided opposite.

Useful Contacts

Wrington C of E Primary School

School Road, Wrington, BS40 5NA
01934 862553

Wrington Pharmacy

Silver Street, Wrington, BS40 5QE
01934 862369

Wrington Post Office

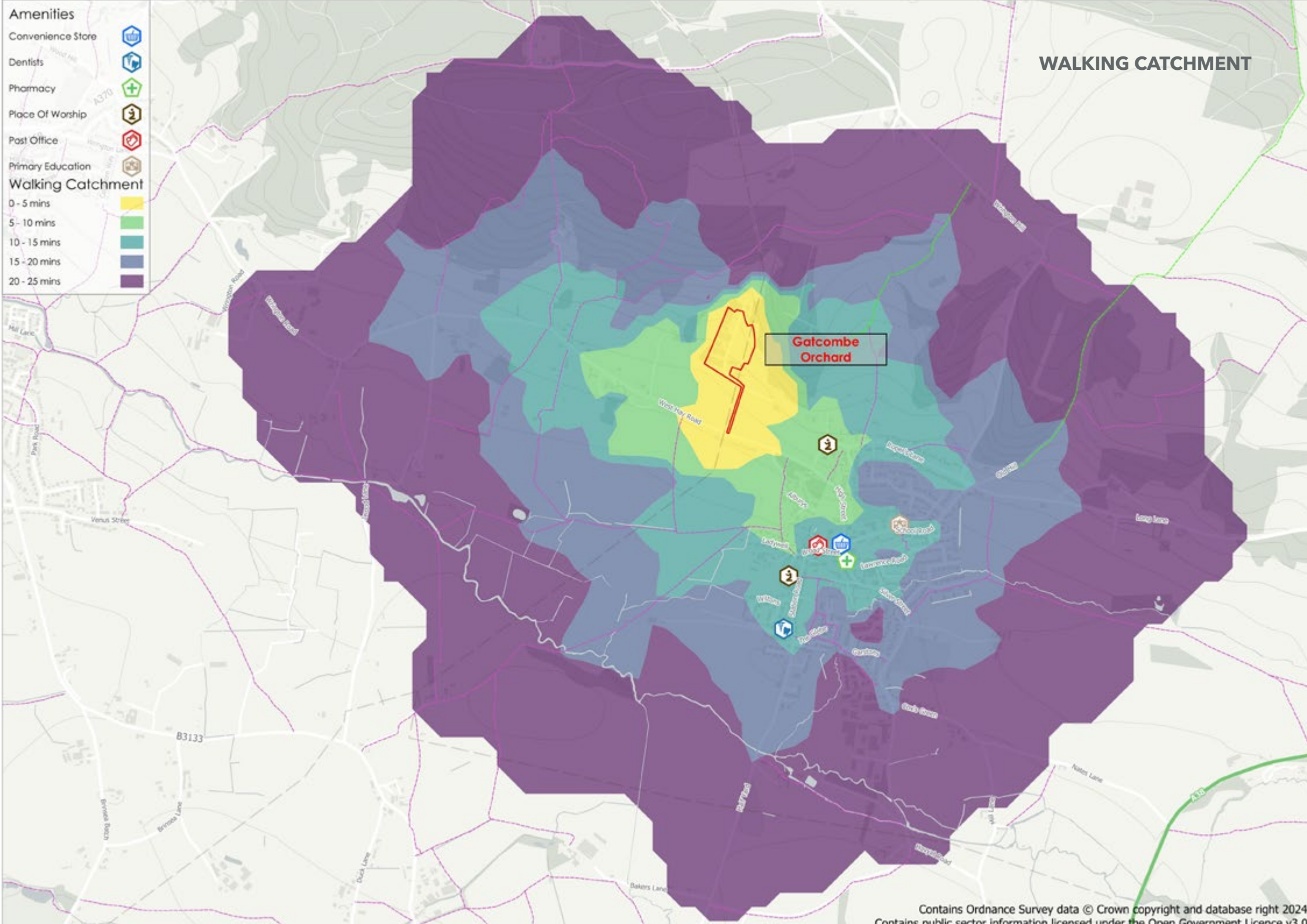
Broad Street, Wrington, BS40 5LA
01934 862211

Buglers Wrington Spar Stores

High Street, Wrington, BS40 5QA
01934 862351

- Amenities**
- Convenience Store 
 - Dentists 
 - Pharmacy 
 - Place Of Worship 
 - Past Office 
 - Primary Education 
- Walking Catchment**
- 0 - 5 mins 
 - 5 - 10 mins 
 - 10 - 15 mins 
 - 15 - 20 mins 
 - 20 - 25 mins 

WALKING CATCHMENT



Galcombe Orchard



3. Cycling



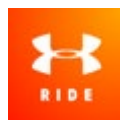
Cycling is fast, convenient, healthy and cost-effective, and is a realistic way to travel from your new home, especially if your destination lies within 5-kilometres. Of course, cycling can still be a viable option for longer journeys, particularly for experienced cyclists who may wish to incorporate their cycle journey as part of their daily fitness regime.

How to Plan Your Journey

There are a number of online journey planners and smartphone apps available to help you plan and evaluate your journey by bike. Googlemaps is a particularly helpful application, freely available on all platforms including iPhone, Android and Windows. These tools will provide you with a route map between any two points and provide you with turn-by-turn directions, tailored for cycle journeys.

Other free smartphone apps allow you to keep track of your cycle journeys and help you to stay motivated. Apps such as Strava and MapMyRide can track your journeys by GPS, and provide you with useful stats and goals.

STRAVA



Find out about the Cycle to Work Scheme

If there are more members of your family that want to give cycling ago, why not ask your employer if they are part of the Government's Cycle-to-Work initiative, which would allow you to make savings of up to 40% off a brand-new bike and safety accessories costing up to £1,000.

Find out more information about the scheme via:

bit.ly/cycle2work-initiative

3. Cycling

Cycling from Gatcombe Orchard gives you the potential to access shops, homes and leisure activities in a sustainably conscious way. The roads in and around Wrington are generally quite quiet and suitable for cycling.

Within 5-kilometres (3.1-miles) of Gatcombe Orchard (roughly 16-minutes at an average pace), you could get to all parts of Wrington and the surrounding villages of Congresbury, Cleeve and Langford.

If you're willing to travel a little further, you could get to Yatton in approximately 21 minutes (4.4 miles), Sandford in approximately 28 minutes (5.8 miles) or Bristol Airport (large employer) in approximately 41 minutes (5.5 miles)

To help you, we have shown the 5-kilometre cycle catchment on the adjacent page.

Useful Contacts

Moor Cycles (repairs and servicing)

Yatton, Bristol, BS31 1EH
07502 997226

Bad Ass Bikes (repairs and servicing)

Burrington Combe, Bristol, BS40 7AT -
01761 462011

The Bicycle Chain

1A Aisecome Way, Weston-super-Mare, BS22 8NA
01934 629370

BW Cycling

Unit 1-2 Brunel Lock Development, Smeaton Road, Bristol, BS1 6SE
0117 927 2947

Sustrans - The Cycling Charity

www.sustrans.org.uk

CYCLING CATCHMENT

✕ Bristol International Airport

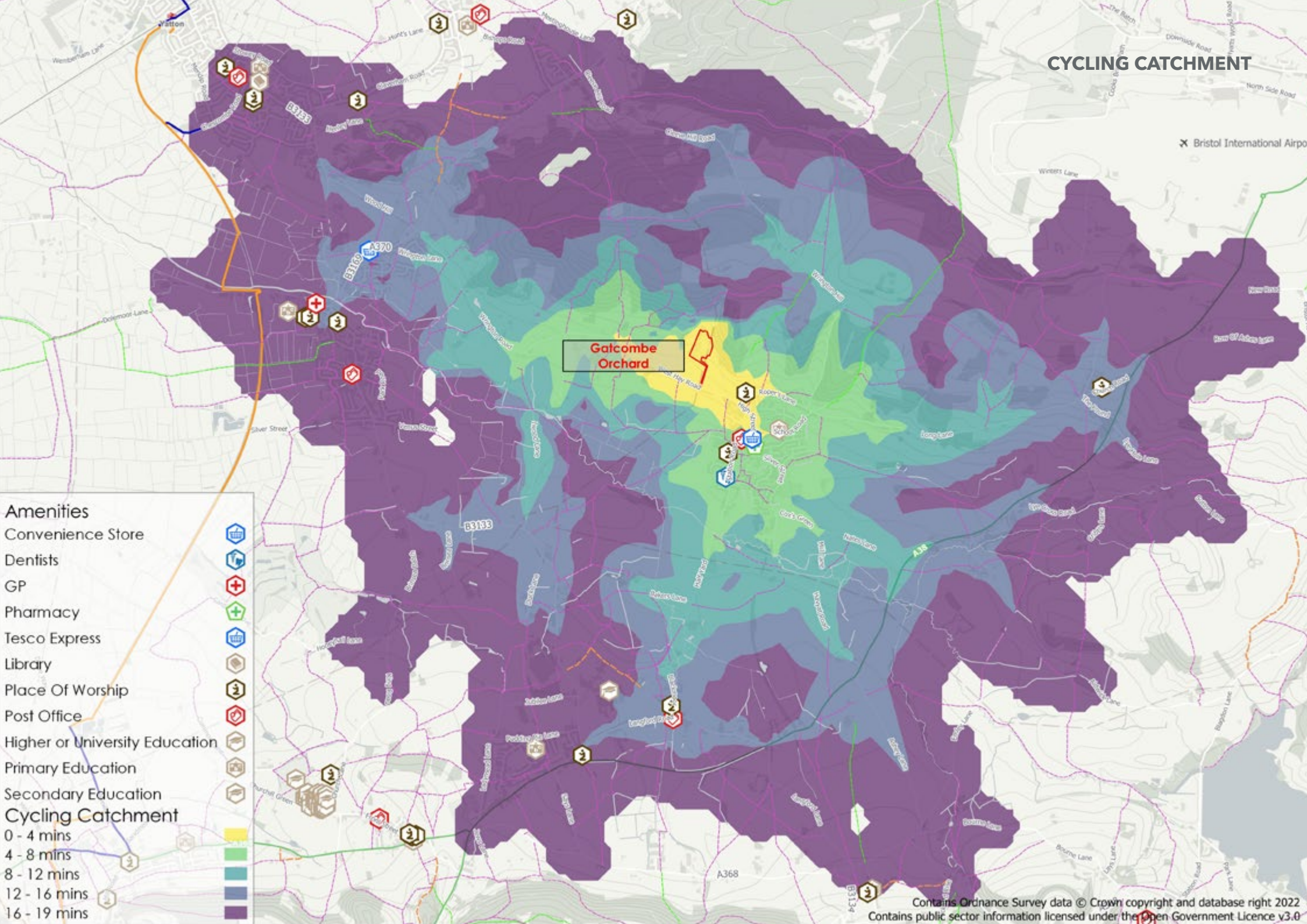
Gatcombe Orchard

Amenities

- Convenience Store
- Dentists
- GP
- Pharmacy
- Tesco Express
- Library
- Place Of Worship
- Post Office
- Higher or University Education
- Primary Education
- Secondary Education

Cycling Catchment

- 0 - 4 mins
- 4 - 8 mins
- 8 - 12 mins
- 12 - 16 mins
- 16 - 19 mins



4. Bus Services

You can access the bus service that starts/finishes at Wrington, within a short walk of Gatcombe Orchard, on Broad Street outside the Golden Lion Public House and terminates at Weston-super-Mare. To help, we have included the full bus route on the adjacent page.

As a guide we have provided a summary opposite of the available bus service and the typical frequencies.

From here, the bus route provides links to Churchill, Winscombe, Locking and Weston-super-Mare, and the residential, retail and leisure opportunities located there.

First Bus Somerset
www.firstbus.co.uk/somerset

Traveline South West
www.travelinesw.com

125 Weston-super-Mare - Wrington via Sandford

Monday to Friday (except Public Holidays)

Service Number	Sch		NSch		Sch	
	125	125	125	125	125	125
Weston-super-Mare, Interchange	0715	0745	1005	1210	1415	1710
Weston-super-Mare, Aisecome Way	0721	0752	1014	1221	1426	1721
Locking, Birch Close	0727	0759	1020	1227	1432	1727
Winscombe, Browns Corner	0742	0814	1036	1242	1447	1742
Sandford, Church	0746	0818	1039	1246	1451	1746
Churchill Academy	0752	—	—	—	1450	—
Churchill, Nelson's Arms	—	0822	1043	1249	1455	1749
Langford Post Office	—	0826	1047	1253	1450	1753
Wrington, Golden Lion	—	0838	1059	1305	1511	1805

Note NSch - Not Schooldays Sch - Schooldays only

Saturday (except Public Holidays)

Service Number	125		125	
	125	125	125	125
Weston-super-Mare, Interchange	0742	0942	1142	1342
Weston-super-Mare, Aisecome Way	0748	0950	1153	1353
Locking, Birch Close	0755	0956	1159	1400
Winscombe, Browns Corner	0809	1011	1214	1414
Sandford, Church	0813	1015	1218	1418
Churchill, Nelson's Arms	0817	1019	1222	1421
Langford Post Office	0821	1023	1226	1425
Wrington, Golden Lion	0823	1025	1227	1427

Sunday and Public Holidays - No service

125 Wrington - Weston-super-Mare via Sandford

Monday to Friday (except Public Holidays)

Service Number	Sch		NSch	
	125	125	125	125
Wrington, Golden Lion	0900	1107	1313	1520
Langford Post Office	0904	1111	1317	1529
Churchill, Nelson's Arms	0910	1117	1322	1534
Churchill Academy	—	—	1345	—
Sandford, Church	0914	1121	1327	1539
Winscombe, Browns Corner	0919	1126	1331	1552
Locking, The Green	0925	1142	1346	1608
Weston-super-Mare, Aisecome Way	0942	1149	1353	1615
Weston-super-Mare, Interchange	0952	1158	1403	1624

Note NSch - Not Schooldays Sch - Schooldays only

Saturday (except Public Holidays)

Service Number	125		125	
	125	125	125	125
Wrington, Golden Lion	0845	1045	1245	1445
Langford Post Office	0849	1049	1249	1449
Churchill, Nelson's Arms	0855	1055	1255	1455
Sandford, Church	0900	1100	1300	1500
Winscombe, Browns Corner	0904	1104	1304	1504
Locking, The Green	0910	1110	1310	1510
Weston-super-Mare, Aisecome Way	0926	1126	1325	1525
Weston-super-Mare, Interchange	0936	1136	1335	1535

Sunday and Public Holidays - No service

125 51s



Weston-super-Mare Town Centre



Weston-super-Mare

125

Flowerdown Retail Park
Aisecome Way

Locking
The Green

Locking
Birch Close

Banwell

Castle Hill

Sandford, Church

Churchill Green
Churchill Academy

51s
Winscombe Belmont Road

Winscombe, Browns Corner

Churchill, Nelson's Arms

Langford, Post Office

125
Wrighton Golden Lion



Bristol Airport

- Bus route
- Certain journeys only
- Direction of travel
- Terminus point
- Timed stop
- Other stop



5. Rail Services



Yatton Railway Station is accessible within cycling distance of Gatcombe Orchard (Approximately 4.4 miles away).

From here you can jump on to high frequency rail services between Weston-super-Mare and London Paddington, along with other local, regional and national destinations. Both Bristol Temple Meads and Bath Spa Station can be reached with just over 25 minutes via train.

The station has sheltered storage for 20 bicycles, which is covered by CCTV coverage. There are also 106 car pay and display car parking spaces at the station.

Useful Contacts

National Rail Enquiries

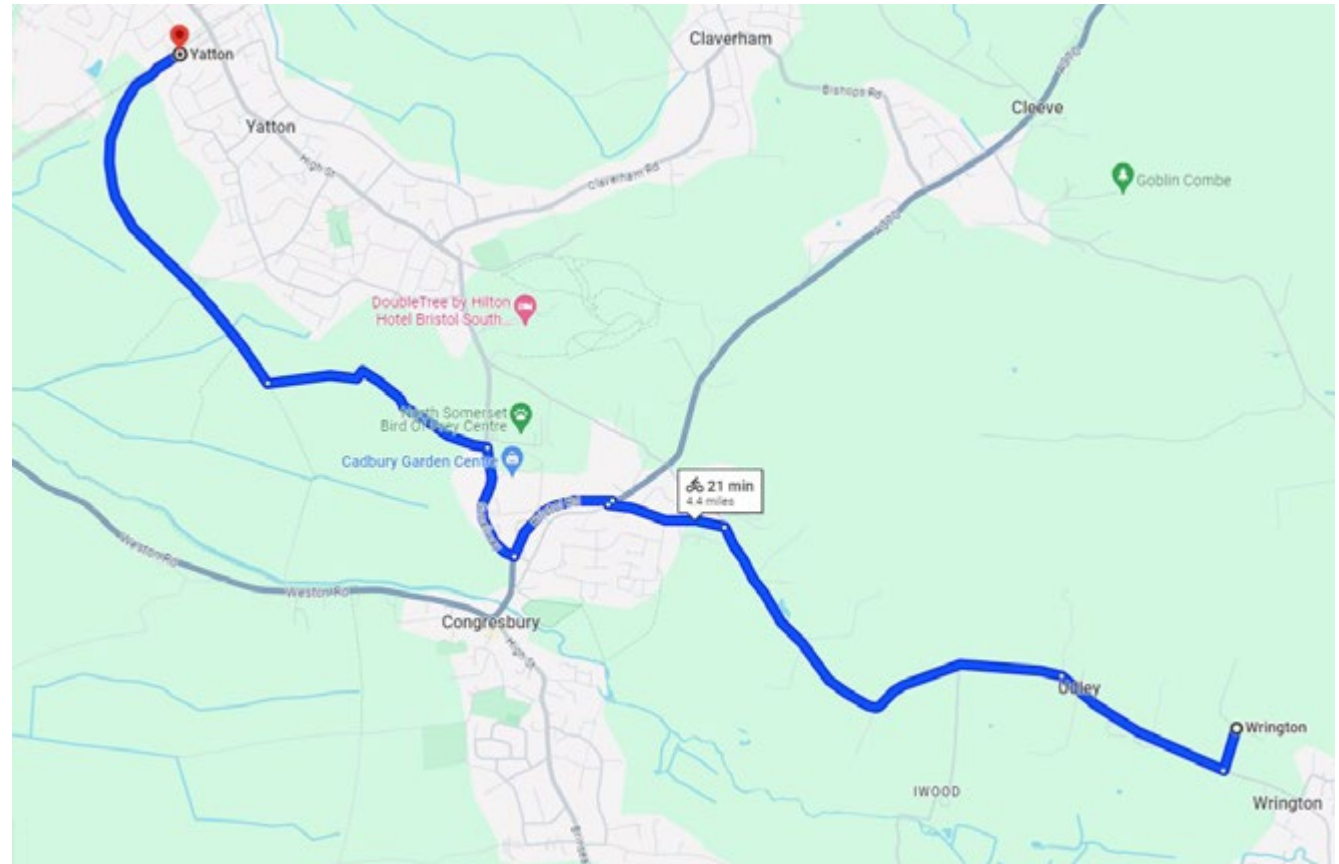
www.nationalrail.co.uk

Great Western Rail

www.gwr.com

The Train Line

www.thetrainline.com





6. Car Sharing



Car sharing is when two or more people travel together in the same car for all or part of their journey and it provides users a wide range of benefits. The main advantages are as follows:



Saving money on fuel, parking and wear & tear



Helping to reduce congestion



Helping to reduce your environmental impact



Sharing the stress of driving

You can register for free with Liftshare to be paired with people that have compatible journey requirements.

The registration process is quick and easy, and you can select whether you want to travel with people of the same gender if that makes you feel safer. Only those people with matching criteria will be shown.

Access the official Liftshare database here:

bit.ly/liftshare

If you are driving, there are 7 useful eco-driving tips that can really make a difference:



Service your car regularly to maintain engine efficiency.



Check your tyre pressures regularly (and before long journeys) as under inflated tyres increase rolling resistance and use more fuel.



Don't carry any unnecessary baggage as extra weight means extra fuel.



Combine your trips. Fuel efficiency is poorest when the engine is cold so combine your errands into one trip.



Drive smoothly, accelerate gently and look ahead to avoid unnecessary braking.



Cut down on the air-con, which increases fuel consumption at low speeds.



Stick to the speed limits. The faster you go the greater the fuel consumption (cruising at 80mph can use up to 25% more fuel than travelling at 70mph).

For more advice on eco-driving visit [smartertravelchoices.co.uk](https://www.smartertravelchoices.co.uk)

Your travel options. Your sustainable community.

For further information and advice regarding travel opportunities from your new workplace, please contact: hello@your-travel-coordinator.com

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